

Dinuba Senior Citizen's Center



437 N. Eaton Ave, Dinuba 591-2450



Newsletter - NOVEMBER 2023

Hello November,

In the month of October the center offered a trip to the Fresno Fair for Senior Day, hosted a paint party, celebrated October birthdays and hosted a Halloween party. This event was a huge success with games, raffle prizes and creative costumes. Thank you Dinuba Senior Center Inc. Board for helping with the party and providing candy bags.

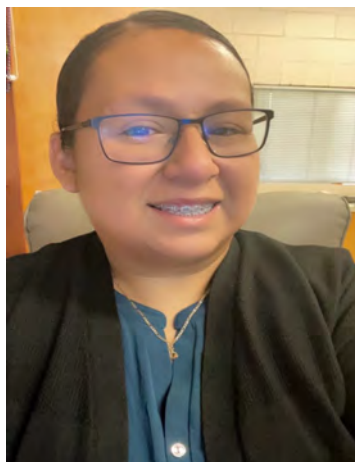
Our senior center was gifted a very generous donation from Raymond Dall this month. Raymond donated a new electronic kiln for our ceramics room. Raymond's wife Bettie, always had a passion for ceramics and once even owned a ceramics shop for many years. Raymond knew how much painting meant to his wife and his daughter in-law Chris Dall, who is a current participant in the class. When he heard the kilns had broken he jumped into action and purchased a brand new kiln for the class. We are so grateful for his donation to the center.

There is lots to look forward to in November so check out the activity calendar (pg 8.) On November 1st be sure to tune into CBS at 10AM to see one of our fellow senior participants; Chris Dall who was featured on the Price is Right and join us for a potluck. If you missed the paint party this last month don't worry because Dinuba Senior Citizens Inc. has voted to support another paint party. **Space is limited to 10 participants so sign ups quickly starting November 6th.** Don't forget to shop to our Holiday Boutique.

The Dinuba Senior Center has a new Senior Coordinator. Maricela Montoya might be new to the position, but is not new to the Senior Center. She has been with Parks and Community Services Department for nine years and has a passion for serving the community. Maricela has assisted at the Senior Center helping with lunches, special projects and special events.

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Contact Info.

(559) 591-2450

Maricela Montoya

MMontoya@dinuba.ca.gov

Senior day at the fair



Senior Paint Party

Sponsored by Dinuba Senior Citizens Inc.



HALLOWEEN



Exciting Moments

A Big Thank You to Raymond
Dall for your generous donation
to the Senior Center.
Raymond donated a New Kiln
for our Ceramics Class.



SENIOR OF THE MONTH



Teresa Molina

Teresa Molina is November Senior of the Month. Teresa is new to the center. She started coming because she wanted to get out and meet new people. Seniors say Teresa is “really nice” “kind lady” “very loving.” Teresa eres una gran mujer y estamos. Agradecidos a tener te con nosotros. Gracias por todo que haces en la Dinuba Senior Center.

November Dinuba Senior Center LUNCH MENU

591-2450

MENU IS SUBJECT TO CHANGE DUE TO MANUFACTURER SHORTAGES

MONDAY CDBG GRANT IN HALL DINING	TUESDAY	WEDNESDAY CDBG GRANT IN HALL DINING	THURSDAY	FRIDAY CDBG GRANT IN HALL DINING
		<p>1</p> <p>POT LUCK</p> <p>*BRING FAVORITE DISH*</p>	<p>2</p> <p>Salisbury Steak w/ Gravy</p> <p>Mashed Potatoes, Cooked Carrots, Dinner Roll, Fresh Fruit Milk/juice</p>	<p>3</p> <p>Minestrone Soup</p> <p>Grilled Cheese Sandwich, Garden Salad, Fresh Fruit, Milk & Juice</p>
<p>6</p> <p>Grilled Chicken w/ Creamy Mushroom Sauce</p> <p>Rice Pilaf, Steamed Broccoli, Dinner Roll, Fresh Fruit Milk/juice</p>	<p>7</p> <p>Meat Loaf</p> <p>Mashed Potatoes, Green Beans, Dinner Roll, Fresh Fruit Milk/juice</p>	<p>8</p> <p>Baked Chicken</p> <p>Mashed Potatoes & Gravy, Green beans, Dinner Roll, Fresh Fruit, Milk/juice</p>	<p>9</p> <p>Beef Stroganoff</p> <p>Steamed Broccoli, Dinner Roll, Fresh Fruit Milk/juice</p>	<p>10</p> 
<p>13</p> <p>Chicken Fajitas</p> <p>Cilantro Rice, Black Beans, Corn, Fresh Fruit, Milk & Juice</p>	<p>14</p> <p>Deli Sandwich</p> <p>Chicken Noodle Soup, Garden Salad, Fresh Fruit Milk/juice</p>	<p>15</p> <p>Sliced Ham</p> <p>Mashed Potatoes & Gravy, Green Beans, Dinner Roll, Fresh Fruit Milk& Juice</p>	<p>16</p> <p>Sliced Roasted Turkey</p> <p>Mashed Potatoes & Gravy, Green Beans, Dinner Roll, Fresh Fruit Milk& Juice</p>	<p>17</p> <p>Beef Stew</p> <p>Corn Bread, Garden Salad, Fresh Fruit Milk& Juice</p>
<p>20</p> <p>POT LUCK</p> <p>*BRING FAVORITE DISH*</p>	<p>21</p> <p>NO LUNCH</p>	<p>22</p> <p>NO LUNCH</p>	<p>23</p>  <p>Thanks giving!</p>	<p>24</p> <p>SORRY WE'RE CLOSED</p>
<p>27</p> <p>Chile Bowl w/ Cheese & Onion</p> <p>Slab Corn Bread, Fresh Fruit, Milk/ Juice</p>	<p>28</p> <p>Chicken Posole</p> <p>Cheese Quesadilla, Fresh Fruit, Milk & Juice</p>	<p>29</p> <p>Fish & Chips</p> <p>Cole Slaw, Fresh Baked Biscuit, Jello Cup, Fresh Fruit Milk/juice</p>	<p>30</p> <p>Baked Rigatoni</p> <p>Texas Toast, Green Beans, Fresh Fruit, Milk & Juice</p>	<p>DECEMBER T/TH LUNCH \$7.50</p>

Dinuba Senior Center

ACTIVITY CALENDAR

591-2450

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>BINGO 9A-1030A LUNCH *DINE IN ONLY* 11A-12P</p>	<p>CERAMICS 8A-3P BINGO 830A-1030A LUNCH 11A-1230P LOTERIA 130P-230P</p>	<p><u>BLACK OAK CASINO TRIP</u> <u>6:30A-5:30P</u> TOPS 930A-1130A</p> <p>BINGO 9A-1030A POT LUCK *BRING FAVORITE DISH* 930A-1130A</p>	<p>CERAMICS 8A-3P BINGO 830A-1030A LUNCH 11A-1230P</p>	<p>LOTERIA 9A-1030A LUNCH *DINE IN ONLY* 11A-12P</p>
<p>BINGO 9A-1030A LUNCH *DINE IN ONLY* 11A-12P</p>	<p>CERAMICS 8A-3P BINGO 830A-1030A LUNCH 11A-1230P LOTERIA 130P-230P</p>	<p>TOPS 930A-1130A</p> <p>BINGO 9A-1030A LUNCH *DINE IN ONLY* 11A-12P</p>	<p><u>DSC INC. MEETING</u> <u>9A-10A</u> <u>BIRTHDAY CLUB</u> <u>BINGO 1P-2P</u></p> <p>CERAMICS 8A-3P BINGO 830A-1030A LUNCH 11A-1230P</p>	<p>SORRY WE'RE CLOSED</p>
<p>BINGO 9A-1030A LUNCH *DINE IN ONLY* 11A-12P</p>	<p><u>BLOOD PRESSURE</u> <u>W/ AURORA</u> <u>10A-1130A</u> LOTERIA 130P-230P</p> <p>CERAMICS 8A-3P BINGO 830A-1030A LUNCH 11A-1230P LOTERIA 130P-230P</p>	<p>TOPS 930A-1130A</p> <p>BINGO 9A-1030A LUNCH *DINE IN ONLY* 11A-12P</p>	<p><u>MEDICARE W/ ELLIE S.</u> <u>1030A-1130A</u> <u>DSC INC PAINT PARTY</u> <u>130P-330P</u> <u>*SIGN UP NEEDED*</u></p> <p>CERAMICS 8A-3P BINGO 830A-1030A LUNCH 11A-1230P</p>	<p>LOTERIA 9A-1030A LUNCH *DINE IN ONLY* 11A-12P</p>
<p>BINGO 9A-1030A POT LUCK 11A-12P</p>	<p>CERAMICS 8A-3P BINGO 830A-1030A NO LUNCH LOTERIA 130P-230P</p>	<p>TOPS 930A-1130A</p> <p>BINGO 9A-1030A NO LUNCH</p>	<p><i>Happy Thanksgiving</i></p>	<p>SORRY WE'RE CLOSED</p>
<p>BINGO 9A-1030A LUNCH *DINE IN ONLY* 11A-12P</p>	<p><u>HEALTH SCREENINGS</u> <u>W/ JOAQUIN</u> <u>1030A-1130A</u> LOTERIA 130P-230P</p> <p>CERAMICS 8A-3P BINGO 830A-1030A LUNCH 11A-1230P LOTERIA 130P-230P</p>	<p>TOPS 930A-1130A</p> <p>BINGO 9A-1030A LUNCH *DINE IN ONLY* 11A-12P</p>	<p><u>DIY CRAFT WORKSHOP</u> <u>DINUBA LIBRARY</u> <u>1P-3P</u></p> <p>CERAMICS 8A-3P BINGO 830A-1030A LUNCH 11A-1230P</p>	

SPACE IS LIMITED. PLEASE RESERVE YOUR SPOT W/ MARICELA.

FUN FACTS



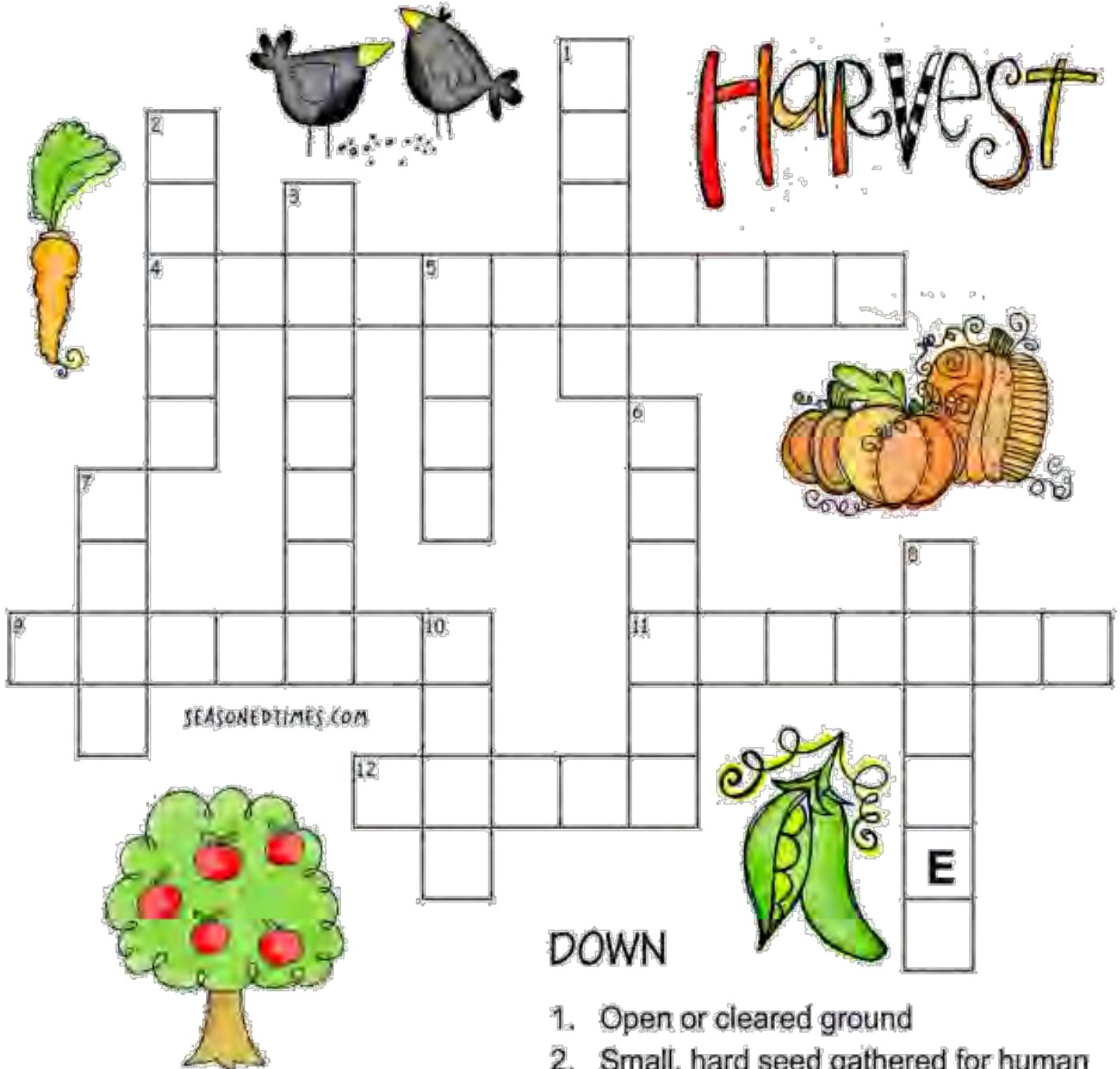
IT'S OKAY IF YOU FALL
APART SOMETIMES.
TACOS FALL APART
AND WE STILL
LOVE THEM.



How did the turkey
make it in time for
Thanksgiving dinner?



Harvest



Looking for words associated with a harvest.

ACROSS

4. Science of growing crops
9. Vehicle with large back wheels and thick tires
11. Manipulating soil for growing crops
12. Tall-growing grain

DOWN

1. Open or cleared ground
2. Small, hard seed gathered for human consumption
3. Prolonged period of dryness
5. Plants harvested from an area
6. Grass cutting tools with long handles and sharp, curved blade
7. Tract of land dedicated to agricultural processes
8. Bring things together in group
10. To cut and harvest crops

DINUBA SENIOR CENTER
437 N EATON DINUBA

18 NOV

10A-2P

Holiday

BOUTIQUE

COME OUT AND SHOP FOR YOURSELF OR
YOUR LOVED ONES.

- FOOD & DRINKS BY DSC INC •
- RAFFLE S•SHOPPING•

INTERESTED VENDORS PLEASE CONTACT
MARICELA MONTOYA 559-591-2450
MMONTOYA@DINUBA.CA.GOV

Dinuba Senior Citizens Inc.

2023 Annual Quilt Raffle Fundraiser

1st Prize: Hidden Christmas Quilt (58" x 71") Pictured below.



2nd Prize: Prayer Quilt

3rd Prize: \$75 Cash

4th Prize: \$50 Cash

*Drawing will take place
on December 14, 2023*

Need not be present to win.

Tickets: \$1 each or 12 tickets for \$10

For ticket information, contact DSC Inc. board members:

Cece Bobst, Dora Reyes, Meri Trevino, Tish Perez,

Carol Hirahara, Tony Galvan or Joey Morales

or call the Senior Center office at 559/591-2450

- CITY OF DINUBA PRESENTS -



ELECTRIC LIGHT

PARADE 2023

SATURDAY DECEMBER 2ND
"A STORYBOOK CHRISTMAS"

5:30 PM – 7:30 PM RAIN OR SHINE

PARADE ROUTE

(E. TULARE ST. THEN LEFT ON L ST.)

TREE LIGHTING CEREMONY AND FREE PICTURES WITH SANTA
TO FOLLOW PARADE AT ENTERTAINMENT PLAZA

f WWW.DINUBA.ORG **@**

Announcements



November

Mary	Callison	1
Terri	Whitaker	3
Wayne	Self	5
Mike	Velasco	7
Patt	Keddy	12
John	Pommerich	13
Ruth	Galvan	20
Virginia	Kimble	21
Mary Ellen	Johnson	24
Susan	Harms	25
Manuel	Martin	26
Leticia	Galindo	27

Puzzle Solution

ACROSS

4 – Science of growing crops: **AGRICULTURE**

9 – Vehicle with large back wheels and thick tires: **TRACTOR**

11 – Manipulating soil for growing crops: **TILLAGE**

12 – Tall-growing grain: **MAIZE**

DOWN

1 – Open or cleared ground: **FIELD**

2 – Small, hard seed gathered for human consumption: **GRAIN**

3 – Prolonged period of dryness: **DROUGHT**

5 – Plants harvested from an area: **CROP**

6 – Grass cutting tools with long handles and sharp, curved blade: **SCYTHE**

7 – Tract of land dedicated to agricultural processes: **FARM**

8 – Bring things together in group: **GATHER**

10 – To cut and harvest crops: **REAP**

THANK YOU

Donations

Reedley SaveMart: Dessert Donation

DSC INC: goodie bags

Raymond Dall: Kiln

VOLUNTEERS:

MaryEllen Woodcock, Frank Navarro, Dora Reyes

REMINDER:

PAID LUNCH needs to be picked up by
IPM same day.

If you are unable to pick up
please call and let us know 559-591-2450