

Dinuba Senior Citizen's Center



437 N. Eaton Ave., Dinuba 591-2450



NEWSLETTER — FEBRUARY 2023

Happy *February*

We have had one busy and fun month of January. Lots of rain and cold weather, but everyone is hanging in there. A few things happening this month. **Wednesday, February 8th CASINO TRIP.** If you have not signed up please be sure to do so soon, as seats are very limited. **Departure from the center by 7:45AM, we will return by 4:00 PM.**

Looking for something to do? Join us every Monday for *Coffee & Convos* where we craft, mingle, watch tv/movie or just have coffee and talk about daily life. It is open to all seniors. In addition; every Wednesday in February we will be starting to play LOTERIA (Spanish bingo) Come join the fun WEDNESDAYS 8:30AM-10:30AM in the social hall. If you do not know how to play, we will gladly show you.

We will be starting **SENIOR OF THE MONTH** (see pg 7.) if you would like to nominate someone for future months please see JASMIN or BEVERLY.

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Contact Info.

(559) 591-2450

**Beverly Nunez
bnunez@dinuba.ca.gov**

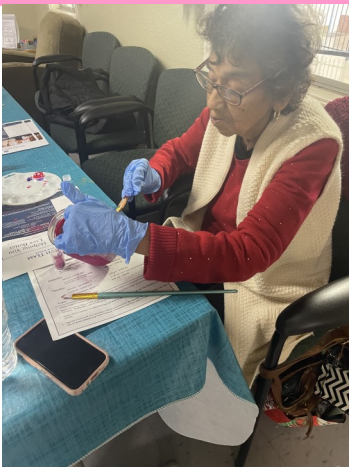
REMINDER:

*Kitchen area is for volunteers ONLY.
LUNCH needs to be picked up by 1PM. If you are unable to pick up please call and let us know. 559-591-2450*

CLOSED

**THE CENTER WILL BE CLOSED
MONDAY, FEBRUARY 20TH IN OBSERVANCE
OF PRESIDENTS DAY.**

CENTER ACTIVITIES



Left Photo: Hortencia painting mason jars to glitter after. **Middle Photo:** Dora Painting mason jars. **Right photo:** Dora & Mary displaying the gnomes they made.

February

DINUBA SENIOR CENTER
SOCIAL HALL

COFFEE & CONVOS
9:00AM-11:30AM

Monday
02/06/2023
Frito Boats

Monday
02/13/2023
lucky wreath

Monday
02/27/2023
lucky pots

CENTER ACTIVITIES



DINUBA SENIOR CENTER

CERAMICS



TUESDAY & THURSDAY
9AM-2PM

10 CLASSES = \$25

CONTACT BEVERLY FOR
MORE INFORMATION

559-591-2450



Come see our WALL OF ART at the center located in the social hall featuring some of our Seniors art. This will be changed out often with new pieces. Be on the look out for some of our seniors SELF portraits. Be sure to turn in your coloring pieces to Jasmine or Beverly so we feature it.



Dinuba Senior Center

LUNCH MENU

594-2450

02: February 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5			1	2 Beef Stroganoff w/ Noodles Steamed Broccoli Sliced Whole Grain Bread Butter, Fresh Fruit, Milk/Juice	3	4
6	7 Turkey Sandwich Tomato Bisque Soup Sun Chips, Fresh Fruit Milk/Juice	8  CASINO TRIP OFFICE HOURS 9AM-1130AM	9	10 Chicken Pot Pie Glazed Carrots, Garden Salad w/ Dressing Fresh Fruit, Milk/Juice	11	
12	13 	14 Meat Loaf Mashed Potato's & Gravy Green Beans, Dinner Roll Red Velvet Valentine Cupcake Fresh Fruit, Milk/Juice	15 	16 Meat & Cheese Lasagna Sautéed Zucchini Garlic Bread, Fresh Fruit Milk/Juice	17	18
19	20 	21 Hot Turkey Sandwich Mashed Potato & Gravy Green Bean, Cobbler Fresh Fruit, Milk/Juice	22 	23 Albondigas Soup Tortilla Chips Chocolate Pudding, Fresh Fruit Milk/Juice	24	25
26	27	28 Chicken Fajitas Cilantro Rice Black Beans, Corn Fresh Fruit, Milk/Juice	1	2 	3	4
					MARCH PRE-PAID LUNCH \$13.50	

MENU IS SUBJECT TO CHANGED DUE TO MANUFACTURER SHORTAGES

FUN FACTS & FUNNIES



What do you call a fish without eyes?

Fsh.

IF OLIVE OIL IS MADE OF OLIVES...THEN....



...BABY OIL IS MADE OF..



WINTER IS COMING



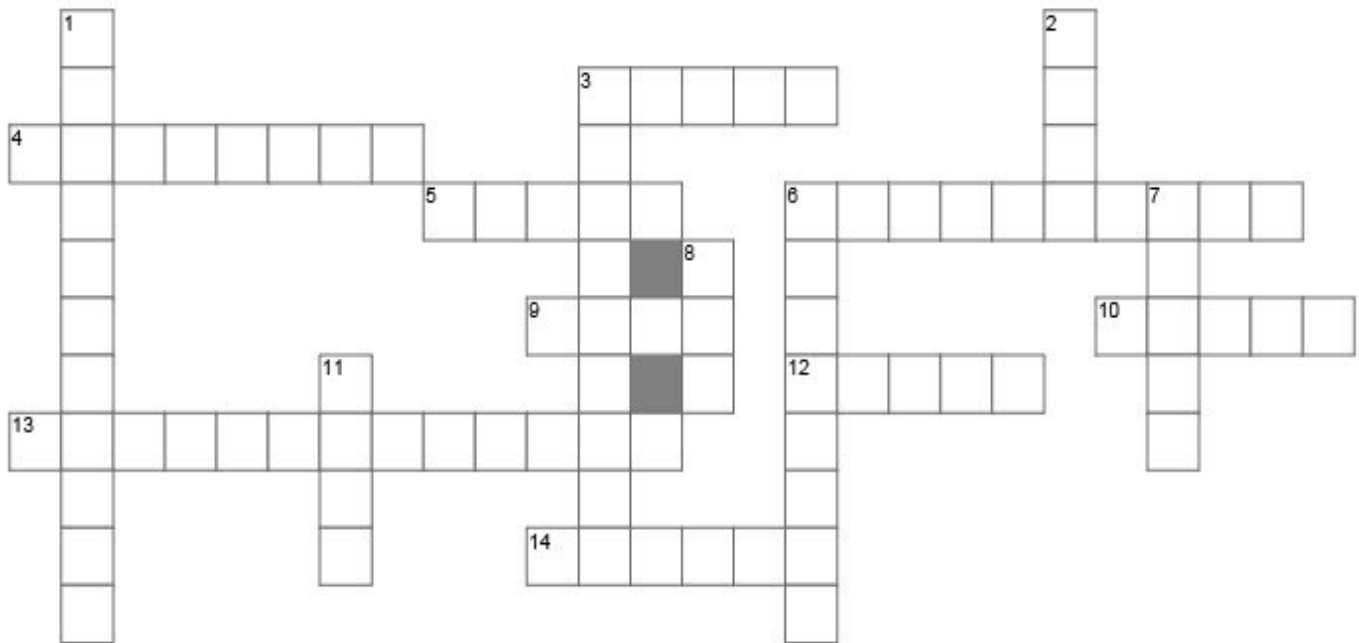
The average person makes about 1,140 telephone calls each year.

Stressed is Desserts spelled backwards.

Mary Stuart became Queen of Scotland when she was only six days old.

Name: _____ Date: _____

Valentine's Day Crossword



HORIZONTAL

3. Shoots arrows at people.
4. The month of Valentine's Day.
5. Cupid shoot this and people fall in love.
6. Valentine's Day is also time for...
9. Valentine's Day is the day of
10. Kids love Valentine's Day because they want to eat a lot of
12. Favorite flower for Valentine's Day.
13. The name of this holiday is
14. Expression often said on Valentine's Day "Be _____"

VERTICAL

1. Heart shaped candy with words
2. Many people send one to a friend on Valentine's Day.
3. "Kisses" is one kind of this type of candy.
6. Valentine's Day is celebrated this day of the month.
7. Symbol of love.
8. Favorite Valentine's Day color.
11. A present.

FRIENDSHIP
HEART
FOURTEEN
ARROW

CUPID
BE MINE
FEBRUARY
VALENTINE'S DAY

CANDY
CHOCOLATE
SWEETHEARTS
LOVE

RED
GIFT
CARD
ROSES

SENIOR OF THE MONTH



DORA REYES

Dora is our January *Senior of the Month*. Dora is always on the go and busy helping with everything and anything in the center. Dora is very dependable and encouraging. She is open to new ideas and tries to get others interested in all the center has to offer. Some of the other seniors say Dora is “generous, nice, kind hearted, smart and dependable.” Dora is very deserving to be our January Senior of the Month.

Thank you Dora for all that you do.

**if you would like to nominate yourself or someone for the Dinuba Senior Center Senior of the Month please see Jasmine or Beverly.*



DINUBA SENIOR CENTER



Valentine's Day Lunch

Tuesday,
February 14th

1030AM-1230PM

Music - Raffle - Prizes

RAFFLE
TICKETS:
\$1EA OR 6/\$5



DINUBA SENIOR CENTER
welcomes you to

BINGO

**437 N. EATON AVE
DINUBA, CA 93618**

**TUESDAY, & THURSDAY
@8:30AM-10:30AM**

**CONTACT BEVERLY WITH ANY QUESTIONS
559-591-2450**

open to anyone 18+ years old



LOTERIA



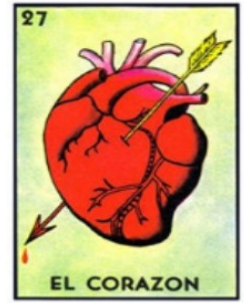
DINUBA SENIOR CENTER
437 N. Eaton Ave 559-591-2450
Dinuba, CA 93618



**Come join us every Wednesday
in February to play Loteria.**



8:30A-10:30A



*Don't know how
to play? Come on
by and we will
show you*



OPEN TO EVERYONE 18+ YEARS

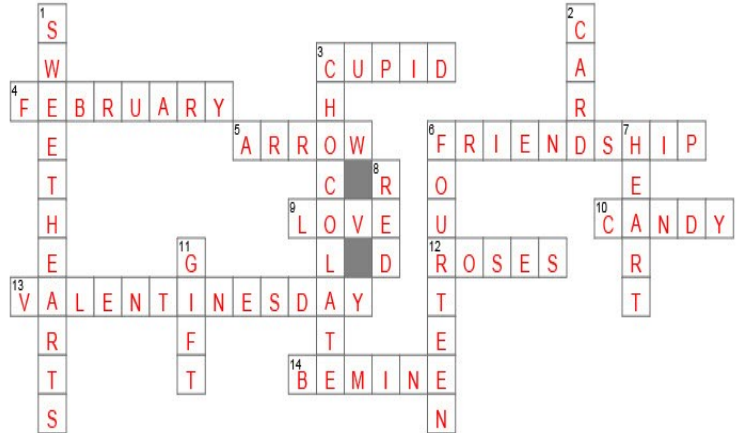


NEWS & ANNOUNCEMENTS



FEBRUARY

Puzzle Solution



THANK YOU

Reedley SaveMart: dessert donation, craft supply

Kristin @_littlemisscherrybomb_: craft supply

Cynthia: @la_cosinita_de_cynthia : yarn

Ed Abair: lemons

Martha Castro: Craft supplies

VOLUNTEERS:

MaryEllen Woodcock, Frank Navarro,
Pete Yrigollen, Dora Reyes, Mary Callison,
Rosie Gamez, Christine Soto, Keith Seller

Mary Ellen	Woodcock	1
Jay	Eastep	7
Hanako	Nishimoto	7
Edith	Brown	8
Hortencia	Guerra	9
Ruby	Chavira	10
Diane	Domingo	11
Irene	Sandoval	13
Eddie	Balandran	15
Victoria	Gonzalez	15
Manuel	Angulo	19
Alisa	Solorzano	19
Christine	Soto	19
Francisca	Arriaga	22
Tony (Antonio)	Galvan	24
Amparo	Cerda	28
Pete	Yrigollen	28

The next Senior Advisory Board Meeting will be held on FEBRUAY 9th 2023 at 930am in the Social Hall.

If you would be interested in serving on the Non-Profit Advisory Board, please see Cece.