



# City of Dinuba Youth Sports Guidelines

The City of Dinuba must meet the following conditions to help ensure the safety of all coaches and participants.

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## Organization/Participant Responsibilities

### **Informed Consent**

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The City of Dinuba will provide information regarding risks to all parents/guardians of minors participating in such sports. Each parent will sign an informed consent indicating their understanding and acknowledgement of the risks indicated herein.

### **Face Coverings**

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Sports participants must wear a face covering at all times, including during practices, conditioning, competition, on the sidelines and even during heavy exertion as tolerated. An exemption to wearing a face covering may be due to a health condition or restriction. Medical proof may be required, upon request.

All coaches, support staff, and spectators must also wear a face covering at all times, in compliance with CDPH Guidance for the Use of Face Coverings.

### **Physical Distancing**

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Coaches and participants will also maintain at least 6-feet of distance. Sports participants will also maintain physical distancing between each other including on the sidelines, to the maximum extent possible.

Sports participants and spectators will maintain at least 6-feet of distance to the maximum extent possible.

Spectators must maintain at least 6-feet from non-household members.

### **Hygiene and Equipment Sanitation**

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When sharing equipment during an activity, participants must practice hand hygiene (wash hands with soap and water or use an alcohol-based hand sanitizer) before play, during breaks, at half time, and after the conclusion of the activity.

Multiple players may utilize the same sports equipment during practice and play, if they follow the above hand hygiene practices.

No sharing of drink bottles and other personal items and equipment.

### **Limitations**

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Gathering with other households prior to and post any practice or competition must strictly adhere to current gathering guidance.

### **Limitations on Spectators**

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Observation of youth sports (age 17 years and under) will be limited to immediate household members, and for the strict purpose of age appropriate supervision. This includes observation of practice and competition. The number of observers will be limited to ensure and maintain physical distancing, reduce potential crowding, and to maintain indoor and outdoor capacity limits.